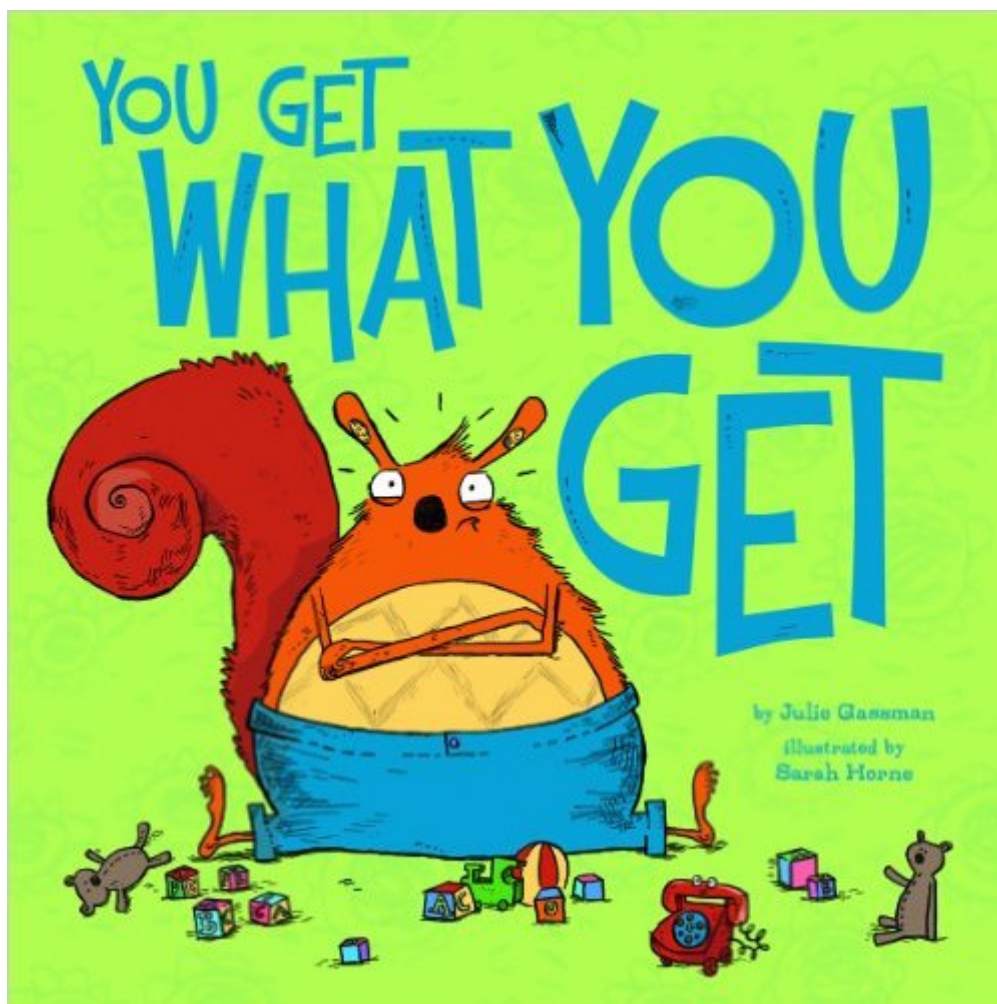


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# You Get What You Get (Little Boost)



## Synopsis

Melvin throws fit after fit when he doesn't get what he wants. He must learn how to deal with disappointment. After all, you get what you get and you don't throw a fit.

## Book Information

Lexile Measure: 660L (What's this?)

Series: Little Boost

Library Binding: 32 pages

Publisher: Picture Window Books (August 1, 2013)

Language: English

ISBN-10: 1479521574

ISBN-13: 978-1479521579

Product Dimensions: 0.2 x 9.8 x 10.5 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (84 customer reviews)

Best Sellers Rank: #12,628 in Books (See Top 100 in Books) #60 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills](#) #69 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners](#) #198 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > School](#)

Age Range: 4 - 6 years

Grade Level: Kindergarten - 3

## Customer Reviews

I purchased this book for my daughter in an attempt to help with some of her big tantrums when she is told "no" or if she gets something she doesn't want. We also have *I Just Don't Like The Sound of No* by Julia Cook and *Mouse Was Mad* by Linda Urban and those have been a HUGE help in our home. My daughter is 3 and is prone to epic meltdowns. While her behavior is pretty age appropriate, it's not okay in our home. We are so ready for her to be out of this phase and have been working with her to help her deal with her feelings better. There's no overnight solution but this book is definitely helping us get there little-by-little. Melvin is a little squirrel who has fits when he doesn't get what he wants, or when things don't go his way. At school he learns the rule, 'You get what you get, and you don't throw a fit'. At school he learns that throwing a fit is not okay, but since his family doesn't know this rule, he continues to have fits at home. Until one day he tells his sister,

who is whining, the rule. Then his family agrees that the rule should also be applied at home. Melvin realizes that even though he might want to throw a fit, he should not. This book is great since it's not preachy to kids and takes that pressure away from them. I know my daughter has heard us telling her 84357025903 times that it's not okay for her to flip out and scream and flail around, etc. Instead, we see Melvin doing it and we see how silly he looks. We also see things from the family's point of view and we empathize with them having to deal with Melvin's come-aparts. The only problem is that it does not suggest what kids can do instead of throwing a fit. Obviously they have legit feelings and need to get them out somehow. That's what a fit is, after all.

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